Troop 45

Equipment recommendations 2010





Sleeping Bag -

Mummy Shape, 20 degree bag

Total weight 4-6 lbs. Remember lighter is always easier to carry

Stuff size should not exceed 9" x 21". Synthetic is better for Scouts Hollo-fill or Quallofill (fill of bag) -

Do not purchase down. Although much lighter when wet it will not keep you warm.

Slumberjack: Ultimate Item 68544-J Reg \$89.99 Sale \$59.99

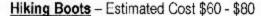
Purchase a compression sack at the time you buy the bag. Even though most bags come with a stuff sack a compression bag is an excellent addition. This will make it a lot easier to compress the bag to a shape easier to tie on to you pack

Sleeping Pad -A closed cell pad.

Therm-a-Rest RidgeRest Short Item: 47724 \$ 19.99

Back Pack - Estimated cost \$80 -100

External frame 4900 cubic inch capacity Jansport - Carson Items 92815-J Reg \$145.00 Sale \$79.99



It is important to have good boots that fit well to avoid injury.

However, most Scouts will out grow their boots before they wear them out.

Always choose a full height boot, with good tread and a steel shank.

We recommend a lightweight hiking book like the Vasgue or Hi-Tec. They are inexpensive.

Do not try to buy over the internet. Must fit correct. A little loose with 2 socks. Wool and liner. Philmont Crew – This is not for you. Invest in really good boots or they won't make it

Rain Gear -DO NOT buy a cheap plastic poncho. It will only fall apart on you the first time you use it. Columbia Youth Rain suit Item: 78248-J Sale Reg \$36.00 \$14.97

Flashlight LED or Mini Mag lite is the only way to go. - Cost \$10

Pocket Knife – all knifes should have a locking blade and be less than 3 1/2"



Polypropylene Sock Liners – No 90050-j \$5.99 Rag Wool Socks – No 99602-J \$11.99 Plastic 2 end spork 82724-J \$299.00 BPA Free 32oz Nalgene Bottles – 80880-J \$4.99 Suunto A-10 Partner Compass \$ 81191-J \$10.99 Leatherman knife and tool 81071-J \$9.99

